Ensuring comfort, support and care. For everyone.

The UHC Nursing Home Plan is a specialized Medicare Advantage plan, providing benefits and care beyond Original Medicare.

> United Healthcare



The benefits of focused, coordinated care

In addition to the nursing home staff, the plan features a dedicated care team who serves as your one point of contact, and includes regular on-site visits to help keep you in the loop. It all adds up to help ensure your loved one has the support and comfort needed. Here with you. Here for you.



92% overall satisfaction with services and care provided by nurse practitioner¹



For more information, please call: 1-877-829-1006, TTY **711** Monday–Friday, 7 a.m.–7 p.m. CT



A dedicated team, in more ways than one

Our plan includes access to a dedicated health care team who works with the nursing home staff to coordinate and monitor care. They also work closely with the nursing home staff and your loved one's primary care provider to monitor drug interactions, prescribe medications and make referrals to specialists. This way, we help bridge communication gaps between nursing home staff and primary care providers. When we all work together toward the same goal, residents thrive.

Caring for your loved one. And you.

"I had to make the decision to put [my mother] in a nursing home, and it was the hardest decision I've ever had to make in my life. [This program] has proven to be a **source of comfort** for me because I can be assured my mother is being taken care of. One of the things I appreciate is the **communication** between the care team and myself. The nurse practitioner is not just a caregiver for my mom but a caregiver for me. They are caring for me and my feelings. **It has really been a blessing.**"



– Bonita Shelton, Daughter of plan member



Resources and information to help navigate challenges and make important decisions for your loved one on topics including:

- The role of a beneficiary representative
- Meeting and working with your care team
- Understanding treatment options and goals of care
- Support in times of grief
- Caring for yourself

Dedicated care for your loved one's needs





Right care. Right place. Right time.

For non-emergency situations, the emergency room or hospital may not be the right place for care. Our care team helps make sure your loved one receives the right care, in the right place, at the right time.



We're here for you. All day. Every day.

We provide 24/7 phone support for you to help address any after-hours questions or care needs.*

Our dedicated care team specializes in:

Preventive care

- Identifying and helping anticipate health concerns before they become more serious
- Preventive and follow-up care to minimize unsafe and avoidable hospitalizations
- Monitoring ongoing treatment so you get the most out of your loved one's care

Personal attention

- Assessments to help create and enhance the personalized care plan
- Developing relationships with your loved one through face-to-face visits
- Attending to your loved one's needs and concerns

On-site care

- Providing your loved one with hands-on care and monitoring them in the nursing home
- Opportunity to stay in familiar surroundings for certain tests and treatments
- Helping reduce the need for repeated hospital stays

Enhanced communication

- Facilitating communication between family members, primary care providers and nursing home staff as your loved one's primary point of contact
- Providing ongoing family education and engagement
- Online resource to review visit summaries, treatment plans, follow-up care and more

Coordinated care

- Reviewing your loved one's care plan to help coordinate treatment
- Helping health care providers and facility staff work together to provide needed care and address urgent issues
- Incorporating your loved one's care plan into hospitalizations, emergency room visits and outpatient procedures to minimize care gaps

Above and beyond Original Medicare

The UHC Nursing Home Plan covers Original Medicare benefits. Plus, it also includes extra benefits and features for your loved one to help them thrive.

Benefits and features*		Definition	UHC Nursing Home Plan
ų	Dedicated care team	The plan adds additional care and coordination provided by a dedicated care team.	~
5	Hearing aid benefit*	Routine hearing exam and credit to spend on hearing devices.	~
	Dental coverage*	Covered dental services may include exams, cleanings, X-rays or other services.	~
۲	Vision coverage*	Routine vision care may help protect against serious diseases.	~
4	Health products catalog*	Benefit credits are awarded each quarter to purchase covered over-the- counter products by phone, mail or website.	~
	Transportation*	Transportation to or from the doctor's office or pharmacy is available at no additional cost.	~
1	Routine podiatry*	Routine nail trimmings and upkeep provided by a licensed podiatrist.	~
R	Prescription drug coverage	Coverage for many prescription services, including Medicare Part D Prescription Drug Coverage.	

*This is a partial listing of covered benefits and services. Benefits, features and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply. See the plan's Summary of Benefits for more information. OTC benefits have expiration time frames. Call your plan or review your Evidence of Coverage (EOC) for more information. Routine transportation not for use in emergencies. Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Call 1-877-829-1006, TTY 711 or review Evidence of Coverage (EOC) for more information.



What is Medicaid?

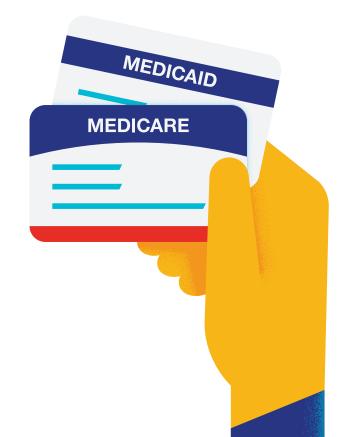
Medicaid is a joint federal and state program that helps cover medical costs for some people with limited income and resources. "Dual-eligible" describes a person who is eligible for both Medicare and Medicaid.

Medicaid and how it works with the UHC Nursing Home Plan

- Medicaid eligibility or enrollment is not required for the UHC Nursing Home Plan
- Enrolling in the UHC Nursing Home Plan will not affect a Medicaid application or a person's Medicaid status
- If you qualify for Medicare and Medicaid, you keep your Medicaid benefits and may get additional benefits from the UHC Nursing Home Plan
- The UHC Nursing Home Plan and Medicaid can work together to cover most of your health care costs

The UHC Nursing Home Plan is a specialized Medicare Advantage plan for eligible Medicare beneficiaries living in a participating nursing home for over 90 days.

To learn more about the UHC Nursing Home Plan, visit uhcnursinghomeplan.com. To find out more about Medicaid, visit uhc.com/communityplan/medicaid.



Nursing home terms: We're here to help

We understand health care can sometimes be hard to navigate. Here are definitions of some common terms to make things a little easier.

Skilled nursing facility and nursing home



Skilled nursing facility and **nursing home** are often used interchangeably to describe a residential facility that provides on-site, 24-hour medical care. Nursing homes are often referred to as "skilled nursing facilities." This is because many are licensed health care residences for people who need a higher level of medical care — beyond an assisted living facility.

In a nursing home, there are 2 types of care - skilled and custodial

Skilled care refers to nursing or rehab services ordered by a doctor and provided by licensed health care professionals such as nurses and physical therapists. Examples of skilled care include wound care, intravenous (IV) therapy, injections, physical therapy, and monitoring vital signs and medical equipment.



Custodial care refers to non-medical services provided by nurses' aides to help with daily living activities. These include help with bathing, dressing, eating, getting in or out of bed, and using the bathroom.

The UHC Nursing Home Plan covers the cost of skilled care and provides extra benefits and services for your loved one.

Eligibility

Your loved one is eligible for the UHC Nursing Home Plan if:

- 1. Your loved one is enrolled in Original Medicare parts A and B
- 2. Your loved one is a long-term resident of a participating nursing home



With the UHC Nursing Home Plan, your loved one can enroll or disenroll throughout the year. There is no need to wait for the annual enrollment period (Oct. 15–Dec. 7).

Here with you. Here for you.

Contact UnitedHealthcare to speak to a licensed insurance agent about the **UHC Nursing Home Plan** and see if your loved one qualifies.



1-877-829-1006, TTY 711 to speak to a licensed insurance agent

Monday-Friday, 7 a.m.-7 p.m. CT



uhcnursinghomeplan.com



Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. The plan is for eligible Medicare beneficiaries living in a participating nursing home for over 90 days.

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